



| WEEK 1                     | MONDAY                             | TUESDAY                              | WEDNESDAY                                   | THURSDAY                         | FRIDAY                            |
|----------------------------|------------------------------------|--------------------------------------|---|----------------------------------|-----------------------------------|
| MAIN DISH                  | Sausage casserole with creamy mash | Chicken curry With Rice & Naan Bread | Roast Beef With Roast Potatoes & Yorkie Pud | Lasagne served With Garlic Bread | Fish Fillet, Chips and mushy peas |
| ACCOMPANIMENTS             | Veg of the day<br>Salad Bar        | Veg of the day<br>Salad Bar          | Veg of the day<br>Salad Bar                 | Veg of the day<br>Salad Bar      | Veg of the day<br>Salad Bar       |
| MAIN DESSERT               | Chocolate chip muffins             | Ice-cream tub                        | Strawberry Mousse with whipped cream        | Ginger Biscuits                  | Chocolate Fudge Cake              |
| DESSERT ALTERNATIVES       | Mixed fruit pot or Yoghurt         | Mixed fruit pot or Yoghurt           | Mixed fruit pot or Yoghurt                  | Mixed fruit pot or Yoghurt       | Mixed fruit pot or Yoghurt        |
| JACKET POTATO WITH FILLING | Tuna/Cheese/Beans                  | Tuna/Cheese/Beans                    | Tuna/Cheese/Beans                           | Tuna/Cheese/Beans                | Tuna/Cheese/Beans                 |



| WEEK 2                     | MONDAY  | TUESDAY                    | WEDNESDAY  | THURSDAY                                     | FRIDAY                        |
|----------------------------|---|----------------------------|--|--|-------------------------------|
| MAIN DISH                  | Spaghetti bolognaise served with garlic bread | Chicken supreme with rice  | Toad in the hole served with creamy mash & gravy | Mince and onion pie served with new potatoes | Fishcakes, Chips & mushy peas |
| ACCOMPANIMENTS             | Veg of the day Salad Bar                      | Veg of the day Salad Bar   | Veg of the day Salad Bar                         | Veg of the day Salad Bar                     | Veg of the day Salad Bar      |
| MAIN DESSERT               | Shortbread biscuits                           | Coconut and jam sponge     | Jelly Pots With Fruit Pieces                     | Chocolate Cookies                            | Syrup Sponge & Custard        |
| DESSERT ALTERNATIVES       | Mixed fruit pot or Yoghurt                    | Mixed fruit pot or Yoghurt | Mixed fruit pot or Yoghurt                       | Mixed fruit pot Or Yoghurt                   | Mixed fruit pot or Yoghurt    |
| JACKET POTATO WITH FILLING | Tuna/Cheese/Beans                             | Tuna/Cheese/Beans          | Tuna/Cheese/Beans                                | Tuna/Cheese/Beans                            | Tuna/Cheese/Beans             |



| WEEK 3                     | MONDAY                     | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY                             |
|----------------------------|----------------------------|--|--|---|------------------------------------|
| MAIN MEAL                  | Creamy chicken pasta bake  | Cheese & ham quiche served with beans & potato squares | Roast Chicken Fillet With Seasoned Roasties & Yorkie Pud | Meatballs in a rich tomato sauce With Rice & Garlic Bread | Fish Fillet, Chips and mushy peas  |
| ACCOMPANIMENTS             | Veg of the day Salad Bar   | Veg of the day Salad Bar                               | Veg of the day Salad Bar                                 | Veg of the day Salad Bar                                  | Veg of the day Salad Bar           |
| MAIN DESSERTS              | Banana cake                | Jelly with fruit and whipped cream                     | Raisin and oat cookies                                   | Tangy Lemon Drizzle Cake                                  | Chocolate chip Shortbread Biscuits |
| DESSERT ALTERNATIVES       | Mixed fruit pot or Yoghurt | Mixed fruit pot or Yoghurt                             | Mixed fruit pot or Yoghurt                               | Mixed fruit pot or Yoghurt                                | Mixed fruit pot or Yoghurt         |
| JACKET POTATO WITH FILLING | Tuna/Cheese/Beans          | Tuna/Cheese/Beans                                      | Tuna/Cheese/Beans  | Tuna/Cheese/Beans   | Tuna/Cheese/Beans                  |