

# PE Long Term Plan 2023-2024

	<b>AUTUMN 1</b>	<b>AUTUMN 2</b>	<b>SPRING 1</b>	<b>SPRING 2</b>	<b>SUMMER 1</b>	<b>SUMMER 2</b>
<b>CLASS 1</b>	Horse Riding  Forest School	Fundamentals: Unit 1  Ball skills: Unit 1	Games: Unit 1  Dance: Andrea Stones	Fundamentals: Unit 2  Gymnastics	Ball skills: Unit 2  Games: Unit 2	Swimming  Athletics
<b>CLASS 2</b>	Ball Skills  Forest School	Fundamentals  Invasion Games	Dance: Andrea Stones  Gymnastics	Target games  Horse Riding	Net and Wall Games  Striking and Fielding Games	Swimming  Athletics
<b>CLASS 3</b>	Ball Skills Y3/4  Lacrosse	Gymnastics  Hockey	Dance: Andrea Stones  Fitness	Fundamentals: Yr3/4  Dodgeball	Athletics  Cricket: Appleby Cricket	Swimming  Athletics
<b>CLASS 4</b>	Gymnastics  Tag Rugby	Lacrosse  Yoga	Dance: Andrea Stones  Fitness	Rounders  Dodgeball	Athletics  Cricket: Appleby Cricket	Swimming  Sailing

Specific skills taught in each unit are set out in the lesson plans.